



# LEADER'S GUIDE

## PRE-CONFERENCE BIBLE STUDY: All Things New 2025

### Lesson 2: The Struggling Victor

#### TARGET GRADE

Students attending the HT 'All Things New' Conference

#### DESCRIPTION

In this lesson, students will learn that life in a sinful world is difficult. Sin causes pain, hurt, and suffering and ultimately leads to death. However, students will be reminded that they have hope in Christ; He made the ultimate sacrifice for them by dying on the cross and defeating death by His Resurrection. Students will be reminded that in Baptism, they are made new and are not left alone in the suffering of a broken world.

#### OBJECTIVES

At the end of this lesson, students will be able to explain that the Bible has many examples of God's people struggling and suffering; trials and tribulations are not signs that Jesus has abandoned them. Rather, students will learn that they have a Savior Who is with them in the midst of suffering and, in fact, paid for all the brokenness in the world by His Death and Resurrection.

#### AMOUNT OF TIME NEEDED

Approximately 40-50 minutes

#### MATERIALS NEEDED

- ✓ Bibles, catechisms, and hymnals
- ✓ Laptop to show slides and listen to audio
- ✓ Student Handout (PDF)
- ✓ [Kahoot!](#) (and devices to play it)

#### LESSON OUTLINE

1. **Opening.** Use the question on slide 4 to start a discussion about today's topic. Allow time for students to think about and meaningfully share their experiences. (5-8 min)
2. **Read.** Read or listen to today's [Reflection](#). (3 min)
3. **Discuss.** Read and discuss slide 6 in pairs, small groups, or as a class. Take time to discuss the answers before moving on. (6 min)
4. **Watch.** [The Hymnody Video](#)
5. **Discuss.** Read and discuss slide 8 in pairs, small groups, or as a class. Take time to discuss the answers before moving on. (6 min)
6. **Watch.** [The Catechesis Video](#)
7. **Discuss.** Read and discuss slide 10 in pairs, small groups, or as a class. Take time to discuss the answers before moving on. (6 min)
8. **Activity.** A game of [Kahoot!](#) has been created to review what was learned and discussed in this lesson. (5 min) (More details about Kahoot! are on the next page)
9. **Reflect.** Have students reflect on what they have learned in this lesson; ask them to consider how Jesus' Death and Resurrection bring hope, even in the midst of pain, suffering, grief, and death. (3 min)
10. **Closing.** Pray the provided prayer (slide 13) together.



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#### ACTIVITY DIRECTIONS

##### Kahoot

**Kahoot** is an online quiz game application with which most of your students will already be familiar. Kahoot is highly engaging and interactive! Higher Things has already created a Kahoot (quiz) for this lesson. You will just need to create a free account and sign into it to play the game.

Students will need to use a mobile device with the free app downloaded to sign into the game. They can type Kahoot into their browser, followed by a prompt to enter a game pin. If a student doesn't have a mobile device, he or she can share with a friend.

The teacher will need a computer with internet access projected to a screen so the class can see the quiz together. Once you've created your free account, go to the link provided in the lesson above. Click on "Play," select the "Teach" option, and choose the "Classic" format. Tell the students the unique PIN for your class to access the student side of the quiz.

#### SCRIPTURE READINGS & DISCUSSION

##### What are some of the struggles you face in life that leave you feeling defeated?

Answers will vary; allow all willing participants to share.

##### Read 1 Kings 19:1-8.

##### What had happened to Elijah in the chapter beforehand (Skim chapter 18)?

In 1 Kings 18:20-40, God had defeated the prophets of Baal through Elijah and Elijah had all the evil prophets killed. He should have been on the top of his game.

##### Why is Elijah going into the wilderness?

As his prayers show, Elijah is struggling, feeling helpless, abandoned, and alone, so he is heading out into the wilderness to die.

##### Who comes to strengthen him? And with what?

The Angel of the Lord, the second person of the Trinity, the pre-incarnate Jesus, comes to strengthen Elijah for the journey to the mountain of God. Jesus comes with bread and water. For us, on our journey to God's holy mountain, Jesus comes to strengthen us for our journey with Himself in the bread and wine of the Sacrament of the Altar.

##### Watch the Part 2 Hymn video

##### Read 2 Corinthians 11:21b-30

##### What struggles has Saint Paul endured?

The list includes: imprisonments, beatings, stoning, three shipwrecks, dangers from nature, danger from robbers, sleeplessness, hunger, thirst, homelessness, false friends, being lied about, and anxiety.

##### Paul, the great missionary, is not exempt from suffering in this life. What lesson can you learn from his example?

Being a Christian is rarely easy. While most of us will never be shipwrecked or stoned nearly to death, we still have struggles at school, at home, with classmates, parents, friends, and people at church. Struggles don't mean we have been abandoned by Jesus. It is through these struggles that God's power is shown in our lives (2 Corinthians 12:7-10).

##### Watch the Part 2 Catechesis video

##### Read St. John 16:31-33.

##### Jesus is in the Upper Room with His disciples, having just instituted the Sacrament of the Altar. He promises that in this world, in this life, you will have tribulations and struggles that will not be pleasant. What comfort does He give you?

Jesus speaks these words just hours before He enters into His passion, suffering the pains of sin and death on your behalf. Yet He can promise the overcoming of the world with its tribulation and suffering by His suffering, death, and resurrection, which He distributes to us in Holy Baptism and the Sacrament of the Altar.