



STUDENT HANDOUT

PRE-CONFERENCE BIBLE STUDY: All Things New 2025

Lesson 2: The Struggling Victor

What are some of the struggles you face in life that leave you feeling defeated?

Read 1 Kings 19:1-8.

What had happened to Elijah in the chapter beforehand (Skim chapter 18)?

Why is Elijah going into the wilderness?

Who comes to strengthen him? And with what?

Watch Hymn Video 2

Read 2 Corinthians 11:21b-30

What struggles has Saint Paul endured?

Paul, the great missionary, is not exempt from suffering in this life. What lesson can you learn from his example?

Watch Catechesis Video 2

Read St. John 16:31-33

Jesus is in the Upper Room with His disciples, having just instituted the Sacrament of the Altar. He promises that in this world, in this life, you will have tribulations and struggles that will not be pleasant. What comfort does He give you?